



## IndigiTRAILS: The 5R's Initiative

The 5R's initiative is a joint effort between students of Forest Lawn and Jack James High School. The project involves creating artwork and stories that emphasize the values of the 5R's - renewal, respect, responsibility, reciprocity, and relationship - and how they relate to communities and fellow classmates.

For more information on the IndigiTRAILS app, this initiative or other available trails, please contact the Urban Society for Aboriginal Youth (USAY) at 403-233-8225 or via email at [info@usay.ca](mailto:info@usay.ca). You can also check out [usay.ca/IndigiTRAILS](http://usay.ca/IndigiTRAILS)



Jack James High School is a public high school located in the community of Forest Lawn in Calgary, Alberta, Canada. It

serves students from grades 10 to 12 and offers a variety of academic programs, including career and technology studies, fine arts, and international languages. The school is named after Jack James, a prominent Calgary businessman and philanthropist who was instrumental in the development of the city's transportation system.



Forest Lawn High School is a public high school located in the community of Forest Lawn in Calgary, Alberta, Canada. It serves

students from grades 10 to 12 and offers a range of academic programs, including Advanced Placement courses, career and technology studies, and fine arts. The school is known for its diverse student body and has a strong commitment to promoting inclusion and diversity. It offers a variety of extracurricular activities, including sports teams, clubs, and community service opportunities.

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ABOUT THE  
PROJECT AND  
HOW TO GET  
THE APP



Indigi**TRAILS**  
THE 5R'S INITIATIVE

"Everything is connected.  
Everything has a spirit.  
Everything is in relationship  
with everything else."

- Indigenous Ideology